

Name of Candidate: \_\_\_\_\_

# PURPOSE CONFIRMATION FEBRUARY FAMILY SESSION

As we learned last month, the Sacrament of Confirmation seals and strengthens the Gifts of the Holy Spirit in us. These gifts are the tools we will need to live our lives as disciples and respond to the call of evangelization. For teens in Immediate Preparation, several answers in your Confirmation Packet are covered in this session! We recommend you write in the answers there after you complete this session. **Submit a picture of both pages for credit to youth@saintgabrielschurch.com with your name legible and in the email! This session is due by February 29, 2024.**

## SUPPLIES

- Bible
- Catechism
- YouTube

Estimated time:  
45 minutes



AQUINAS 101  
VIDEO

### Opening Prayer

O Heavenly King, the Comforter, the Spirit of Truth, who art in all places and fillest all things, Treasury of blessings and giver of life: come and dwell in us, cleanse us from every stain, and save our souls, O gracious Lord.

## INTRO QUESTIONS

1. How would you describe the Holy Spirit?

\_\_\_\_\_

2. Do you have a relationship with the Holy Spirit?

\_\_\_\_\_

3. Have you known or seen anyone who talked about or showed a relationship with the Holy Spirit? What did this look like?

\_\_\_\_\_

## READ & WATCH

1. Watch the Aquinas 101 video "The Gifts of the Holy Spirit" on Youtube.
2. In your Bible, read Isaiah 11:1-5; Romans 8:14, 17; Psalm 143:10
3. In your Catechism read paragraphs #1830-1832

## DISCUSSION

1. Parents: Describe to your teen a time in your life when you allowed the Holy Spirit to lead you.

\_\_\_\_\_

\_\_\_\_\_

2. If there was a super power you could have that would give you a strength in some area of life (not a sport, more like a character trait or habit) what would it be, and why?

\_\_\_\_\_

\_\_\_\_\_

3. Of the Gifts of the Holy Spirit, which could you see yourself using most right now? Why?

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\_\_\_\_\_

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## THE SEVEN GIFTS OF THE HOLY SPIRIT

Describe the 7 Gifts of the Holy Spirit, as the Church understands them, below! Keep in mind this explanation is often larger than a standard dictionary definition.

**Wisdom**

**Knowledge**

**Understanding**

**Wise Counsel**

**Fortitude**

**Piety**

**Fear of the Lord**



A HELPFUL ARTICLE FOR MORE EXPLANATIONS...  
BUT PLEASE DO NOT JUST COPY WHAT IT SAYS.

**SEND IN A PICTURE OF BOTH PAGES!**

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## PURPOSE CONFIRMATION

# SESIÓN DE FAMILIA DE FEBRERO

Como aprendimos el mes pasado, el Sacramento de la Confirmación sella y fortalece los Dones del Espíritu Santo en nosotros. Estos dones son las herramientas que necesitaremos para vivir nuestras vidas como discípulos y responder al llamado de la evangelización. Para los adolescentes en Preparación Inmediata, ¡varias respuestas de su Paquete de Confirmación están cubiertas en esta sesión! Recomendamos que escriban las respuestas allí después de completar esta sesión. ¡Envía una foto de ambas páginas para crédito a youth@saintgabrielschurch.com con tu nombre legible y en el correo electrónico! Esta sesión se debe entregar antes del 29 de febrero de 2024.

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45 minutes



AQUINAS 101  
VIDEO

### Oración de apertura

Oh Rey Celestial, Consolador, Espíritu de Verdad, que estás en todas partes y lo llenas todo, Tesoro de bendiciones y dador de vida: ven y habita en nosotros, límpianos de toda mancha y salva nuestras almas, oh bondadoso Señor.

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