

First Reconciliation Study Guide

God

How many Gods are there? (1)

How many persons in God? (3—Trinity)

Who are the 3 person in the Trinity?
(Father, Son & Holy Spirit)

Which one of these became man, &
came to live in this world? (Son, Jesus)

Who was His Mother? (Mary)
Who was His earthly father? (Joseph)

Bible Stories

Tell a bible story about Jesus and forgiveness.
(Prodigal Son, Lost Sheep, Zacchaeus—
tell the story)

Commandments

God gave us 10 commandments because he loves
us. What do the commandments ask us to do?
(We should obey God and respect each other.)

What is the Great Commandment?
(Love God above all else & love others as you
love yourself.)

Free Will & Choices

God give us the gift of free will. What does this
allow us to do? (Make choices)

What choices do you make? (Various, what to
eat, what to wear, what game to play, etc.)

God has given us a gift to help us make the right
choices. God has given us a conscience. What is
a conscience? (Helps us know right from wrong.)

Vocabulary Words

Sacrament—Holy sign that comes
from Jesus & gives us grace.



Bible—books of God's Word written
down by humans. The bible has two
parts, the Old Testament and the New
Testament. The Old Testament was written before
Jesus was born. The New testament tells us what
Jesus and his followers taught about God's love and
forgiveness.

Sin—a thought, word or action we do even though we
know it is wrong.

Contrition —Telling God we are sorry for our sins

Confession—Telling our sins to the priest

Penance—Prayer or kind act to make up for our sins

Absolution-God's forgiveness through the words and
actions of the priest.

Sacraments

How many sacraments are there? (7)

What sacrament have you received? (Baptism)

Sin

The first humans, Adam and Eve, did something they
knew was wrong. They sinned. What was the first sin
called? (Original Sin)

Give an example of a sin? (lie, cheat, disobey, etc.)

What type of sin is very serious? (**Mortal Sin**) It
breaks our friendship with God.

What type of is in the less serious? (**Venial Sin**) It
hurts our friendship with God.

The Sacrament of Reconciliation

Who acts in the name of Jesus? (the priest)

Will the priest tell our parents or anyone else the sins we confess? (NO)

Examination of Conscience—Before you go to confession with the priest, look at our words and actions and think about sins we have done.

How many parts are there to the sacrament of Reconciliation? (4 parts)

Name them.

- Contrition
- Confession
- Penance
- Absolution

Review what they mean (use the vocabulary words on other side)

When leaving Reconciliation, you should say “Thank you” or “God Bless you to the

Formula for Reconciliation

1. Sign of the Cross
2. Bless me Father for I have sinned.
This is my first reconciliation.
3. These are my sins. (Tell your sins.)
4. I am very sorry for all my sins.
5. The priest will say, “Pray as your penance...” (Listen to the priest.)
6. Pray the “Act of Contrition”
7. Thank you Father.

After, say the penance Father gave you back at your seat.

Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us.
In His name, my God, have mercy. Amen.

