



Interview Questions for Students of First Holy Communion

Please make the sign of the cross.

What is a sacrament? (A holy sign of grace from God)

How many sacraments have you received? (2 sacraments – Baptism and Reconciliation)

Through the creation story we learn that our lives are a gift from God. Briefly tell the creation story. (God created everything – day, night, sky, land, sea, moon, sun, stars, birds, fish, animals & humans; God rested on the seventh day; blessed that day and made it holy.)

Tell me some of the things that you remember Jesus did when he grew up to be an adult? (Feeding the crowd, eating with sinners, forgiving people, healing a blind man, teaching his disciples to pray, walking with the disciples on the road to Emmaus – Be able to show an understanding of the story by sharing it with the interviewer.)

What did Jesus have with his friends the night before He died? (Last Supper)

Tell me what Jesus did at the Last Supper and what He said. (Took bread, blessed it, broke it & gave it to his friends saying, “Take it; this is my body.” Same with the cup – “This is my blood.”)

What do we call that day? (Holy Thursday)

What was the next day and what happened to Jesus? (He was crucified on Good Friday – died on the cross)

What is the holiest feast day of the year? (Easter Sunday)

What happened to Jesus? (He rose from the dead.)

When Jesus is really present in the Eucharist at Mass, we call this the real what? (Real Presence)

What does that mean? (the bread & wine become the Body & Blood of Jesus.)

What is the most important day of the week? (Sunday)

Why? (Jesus was raised from the dead on Sunday.)

When we go to Mass on Sunday (or Saturday evening), what does Jesus give us? (He gives us his own Body & Blood.)

What is the Mass? (Celebration of the Eucharist)

Are you looking forward to receiving Jesus in the Eucharist? Why?

What is a sacrifice? (Giving up something important for others because we love them.)

During each mass we remember Jesus’ sacrifice on the cross for us? (Because he loves us and to save us from sin; to lead us to everlasting life.)

What type of sin, mortal or venial, must be confessed in the Sacrament of Reconciliation before we can receive the Eucharist? (Mortal – the more serious sins)

The 4 parts of the mass are Introductory Rites, Liturgy of the Word, Liturgy of the Eucharist and Concluding Rites. Out of these 4 parts, what are the two main parts of the Mass? (Liturgy of the Word & Liturgy of the Eucharist)

What happens during the Liturgy of the Word? (We hear readings from the Old & New Testaments and the priest's homily.) What does Gospel mean? (The good news of Jesus' love)

Where do the readings come from? (Bible)

What is a creed? (Saying what we believe in our hearts)

Before the gospel reading, we trace a cross on our foreheads, lips and hearts as we say "Glory to you, O Lord." Why? (We pray that God's Word will be in our mind, on our lips and in our heart.) Show how to do this.

In preparation for the second part of the Mass, a family brings up the gifts...what do they bring up to the priest or deacon? (Bread and wine)

What happens during the Liturgy of the Eucharist? (We praise and thank God; The priest does what Jesus did at the Last Supper; We receive Holy Communion.)

Can you tell me what the priest says and does during this special time? (The priest takes the bread and says "Take this, all of you, and eat of it, for this is my body which will be given up for you." Then he takes the cup of wine and says: "Take this, all of you, and drink from it, for this is the chalice of my blood . . .")

What is it called when the priest changes the bread and the wine into the Body and Blood of Jesus? (Consecration)

What prayer did Jesus teach his disciples? (Our Father or Lord's Prayer)

Complete the prayer we say before Communion, "Lord, I am not worthy that you should enter under my roof, but only say the word and _____." (my soul shall be healed).

Show me how you will hold your hands when you come up for Communion.

Show me how you will bow when the person in front of you is receiving.

Show me how you will receive the Cup. (We will have a cup available; please practice at home.)

What does the priest say to you when he gives you the consecrated host? (The Body of Christ.)

What do you say to the priest? (Amen.)

What does "Amen" mean? (I believe.)

What does the Eucharistic Minister say to you when you receive the Cup? (The Blood of Christ.)

And you say? (Amen.)

When we go back to our seats after Communion, what do we do? (We talk to Jesus by saying a prayer.)

What does Eucharist mean? (Thanksgiving) What does Communion mean? (Unity or oneness)

At the end of Mass we are sent out to live as disciples of Jesus. How can we do that? (Various answers such as doing good works, praising God, telling others about Jesus, living our lives as Jesus wants us to)

Prayer After Communion

Jesus, thank you for coming to me in Holy Communion. I love you very much. You come to live within me. You fill me with your life. Help me to be and do all that you wish. Amen.

Keep practicing the other prayers: Our Father, Hail Mary, Glory Be & Act of Contrition