

1st Communion Study Guide

Make the Sign of the Cross.

Who created the world? (God)

Jesus's Final meal on Holy Thursday

What do we call the meal Jesus had with his friends the night before He died?
(Last Supper)

What food & drink did Jesus have at the Last Supper? (Bread and Wine)

When Jesus blessed the bread and gave it to his friends, He said, "Take this; this is my _____." (Body)

When Jesus blessed the wine and gave it to his friends, He said, "Take this; this is my _____."
(Blood)

Good Friday & Easter

The next day after Holy Thursday is called Good Friday. Why? (Jesus died on the cross on Good Friday because He loves us and to save us from sin.)

Easter is the holiest feast day of the year. What happened to Jesus on that day?
(Jesus Rose from the dead)

MASS (Celebration of the Eucharist)

There are 4 parts of Mass. What are the 2 main parts? Liturgy of the _____ (Word) and Liturgy of the _____ (Eucharist). The other 2 parts of the Mass are Introductory Rites and Concluding Rites.

Liturgy of the Word

During the Liturgy of the Word, we listen to readings and listen to the priest. Where do the readings come from? (Bible).

Before the gospel reading, we make a cross on our forehead, lips and heart as we say "Glory to you, O Lord." We pray silently, "May God's word be in my mind, on my lips and in my heart." Show how you do this.

Vocabulary Words

Eucharist Thanksgiving

Amen I believe

Gospel Good News

Consecration Priest blesses the bread & wine and it becomes body & blood of Jesus.

Real Presence Jesus is really there in communion

Liturgy of the Eucharist

When getting ready for Liturgy of the Eucharist, a family brings up the gifts. What do they bring up to the priest or deacon? (Bread & Wine)

During the Liturgy of Eucharist the priest blesses the bread and wine. He uses the same words that Jesus said at the Last Supper. What does the bread and wine become? (Body and Blood of Jesus)



What prayer did Jesus teach his friends? Hint, we say it during Mass. (Our Father or Lord's Prayer)

We shouldn't eat right before receiving Communion. How long should we wait? (1 hour. This helps make us ready to receive Jesus.)

When we leave Mass, what should we remember? (Share Jesus' love with others!)

Receiving Communion

What do you say when the priest gives you communion after he says "The Body of Christ." (Amen)

The Minister of the Eucharist will give you the cup and say "The Blood of Christ". What do you say? (Amen)

Show how to hold your hands when you come up for Communion.

Show how you will bow when the person in front of you is receiving.

Show how you will receive the Cup. (Please practice at home with a cup.)

When we go back to our seats after Communion, what do we do? (Talk to Jesus by saying a prayer)



Prayer After Communion

Jesus, thank you for coming to me in Holy Communion.

I love you very much.

You come to live within me.

You fill me with your life.

Help me to be and do all that you wish.

Amen.